

COMMUNITY OCCUPATIONAL THERAPY (COT)

Making Life Easier At Home



Working Together To Find Solutions

Olympus Care Services' Community Occupational Therapy (COT) team helps customers to maintain their independence at home by working with them to identify and access adaptations and specialist equipment to make everyday activities easier.

We are able to help with a wide range of solutions and assistive technology and also offer advice about how to access grants and other support agencies.

Our Community Occupational Therapy team are experts at advising customers about different ways that everyday tasks could be carried out to make life simpler and safer.



Additionally, they can share their knowledge of equipment and adaptations such as chair, toilet and bed raisers, handrails, ramps and stair lifts to help customers with:

- Accessing or leaving the house
- Moving around inside
- Climbing stairs
- Maintaining personal care
- Getting on and off the toilet, bed or armchair
- Preparing meals and refreshments.

By working with Olympus Care Service's Sensory Equipment and Rehabilitation Team (SERT), we can also provide a wide range of assistive technology and telecare equipment such as Lifelines and specialised smoke detectors for people living with dementia or disabilities.

Maintaining Independence

We can help anyone in Northamptonshire with a physical disability who has difficulty with everyday living tasks at home. We also support elderly people to maintain their independence at home for longer by supporting them to achieve everyday activities. Additionally, we are able to support anyone who cares for someone with a disability.

“It was such a pleasure and relief to be able to manage a bath again after the advice and assistance from the occupational therapist.”

Customer

Facilitating Support

COT works to ensure that each customer receives the support they need as soon as possible.

Following referral, COT will organise an assessment where we will meet the customer to discuss their lifestyle, what they are finding difficult and their views about what help they would like.



After we have identified what equipment a customer might need we will give practical advice on adjusting to disability, letting them know about support they may be eligible for which could help with any modifications, purchases or minor and major adaptations.

Every customer is respected and their views and opinions are central to any recommendations.

Fees And Purchasing Equipment

There are no charges for an assessment with COT.

Our recommendations will be referred to the appropriate supporting agency or department who may fund and undertake any purchases and adaptations. In situations where the customer cannot receive funding support for any purchases, our staff will be able to advise you.

Contact us via the Access Team or by completing the online referral form on Olympus Care Services' website.

All professional referrals should be made online.

www.olympuscareservices.co.uk/referral

For All Referrals And Enquiries

01604 366 000 Weekdays 8.30am - 5.30pm

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